BIOSKIN

AESTHETICS

PROFESSIONAL PRE + POST CARE GUIDELINES

Precision protocols. Elevated outcomes. Protected skin integrity.

BEFORE YOUR TREATMENT

PRE-TREATMENT CLEARANCE & CLIENT PREP

To ensure the safest and most effective treatment experience, all clients should be properly assessed prior to beginning BioSkin protocols.

ACTIVE SKINCARE & MEDICATIONS

Clients should discontinue active or sensitizing products before treatment and throughout corrective treatment series unless otherwise directed by their provider.

Includes:

- Retinoids / Retinol
- Tretinoin
- Accutane / Isotretinoin
- Benzoyl peroxide
- AHAs / BHAs
- Exfoliating acids
- Strong resurfacing products

ACCUTANE CLEARANCE

Clients with a history of Accutane/Isotretinoin use must wait

6–8 MONTHS

minimum clearance before beginning professional resurfacing or microneedling protocols.

RECENT PROCEDURES & INJECTABLES

BOTOX & FILLER GUIDELINES

- Botox and filler may be performed AFTER BioSkin treatments if clinically appropriate.
- Clients who recently received injectables should wait

2–4 WEEKS BEFORE TREATMENT

to allow full tissue stabilization and reduce unnecessary inflammation.

RECENT PROCEDURES REQUIRE CLEARANCE

Delay treatment if the client recently received:

- Laser procedures
- Medium/deep chemical peels
- Aggressive exfoliation
- Surgical procedures
- Skin resurfacing treatments

MEDICAL & SAFETY CONSIDERATIONS

ANTIBIOTIC USE

Clients should be **14 DAYS OFF ANTIBIOTICS** prior to treatment unless physician approved.

ASPIRIN / SALICYLIC ALLERGY

BioRepeel contains salicylic acid.

IMPORTANT: Clients with aspirin allergies must be assessed carefully and may not be candidates for treatment.

OPEN / ACTIVE LESIONS

Treatment should NOT be performed over:

- Open wounds
- Active infections
- Inflamed lesions
- Compromised skin barriers

Skin must be fully healed before treatment.

MICRONEEDLING CANDIDACY

All microneedling clients must be professionally assessed prior to treatment.

Considerations include:

- Skin integrity
- Hedical history
- Fitzpatrick type
- Healing response
- Active conditions
- Current medications

PHYSICIAN CLEARANCE REQUIRED IF:

- Under active physician care
- Recent surgery
- Recent skin cancer history
- Autoimmune concerns
- Delayed wound healing concerns
- Pregnancy/nursing (per provider discretion)

AFTER YOUR TREATMENT

POST-TREATMENT RECOVERY GUIDELINES

Your skin enters an important healing and regenerative phase following treatment. Proper post-care is essential for optimal outcomes.

FIRST 24–48 HOURS

AVOID:

- Excessive heat
- Sweating
- Intense workouts
- Saunas
- Steam rooms
- Hot tubs
- Direct sun exposure
- Aggressive skincare
- Picking or exfoliating skin

Allow the skin adequate time to calm and recover during the post-inflammatory healing window.

RECOMMENDED POST-CARE SUPPORT

KEEP THE SKIN:

CALM · HYDRATED · PROTECTED · BARRIER SUPPORTED

Recommended BioSkin post-care:



BioCleanser



BioReHydra



Professional SPF

PRACTITIONER-DIRECTED RECOVERY PROTOCOL

GENERAL POST CARE

Clients should:

- Use lukewarm water only
- Avoid over-cleansing
- Keep skin moisturized
- Wear SPF daily
- Follow all provider recommendations
- Avoid introducing new products during healing

IMPORTANT RECOVERY NOTES

Mild redness, sensitivity, dryness, or flaking may occur depending on the treatment protocol performed.

Healing timelines vary based on:

Treatment intensity · Skin condition · Home care compliance · Individual healing response

Consistency with proper aftercare supports:

BETTER OUTCOMES. FASTER RECOVERY. ENHANCED RESULTS.

Science. Innovation. Results.

Elevating Skin. Empowering Professionals.



Professional use only. Results driven. Trusted worldwide.